

Video Lesson Plan  
English and Anishinaabemowin

# Labrador Tea



Brought to you by  
The Language and Culture Department at



KWAYACIIWIN  
Education Resource Centre  
— 6.7.8.9 —



# Video Lesson Plan

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# What you will Need:



- USB with copy of KERC animated video on Labrador Tea
- Laptop or computer
- Smart board or projector and projector screen
- Print outs of the lesson plan booklet featuring activities

# How to Make Labrador Tea

This tea is a medicine and will help with: cold, fevers, sore stomach, kidney problems, asthma and burns

## What you will need:

Labrador leaves

A medium pot

4 cups of water

Spoon or a fork

Bowl or a large cup

White cloth

## Recipe:

Get a medium pot.

Pour 4 cups of water into the pot.

Turn on the stove on to high.

Place the pot on to the stove.

Grab a hand full of labradore leaves and put them into the pot.

When it starts to boil adjust to medium high.

Use a spoon or a fork to push down the leaves or stir once in a while.

Let it boil for 15 minutes.

Get a bowl or a large cup.

Use a white cloth and pour medicine to separate leaves.

Pour the medicine into your cup and drink!



# ▶▶▽. בַּכֹּחַ בְּרִגְלֵי <ב> Δ.▷ℳכֵּל

## בִּלְבֹדֶם בְּרִגְלֵם

רִגְלֵם.בִּ

שֶׁלֹּם.בִּשְׁמֵן שֶׁל רִגְלֵם  
רִגְלֵם.בִּשְׁמֵן

ℳכֵּל בִּשְׁמֵן בְּרִגְלֵם  
Δ<דל"ד> בִּרְגְלֵם  
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Δℳכֵּל Δℳכֵּל רִגְלֵם  
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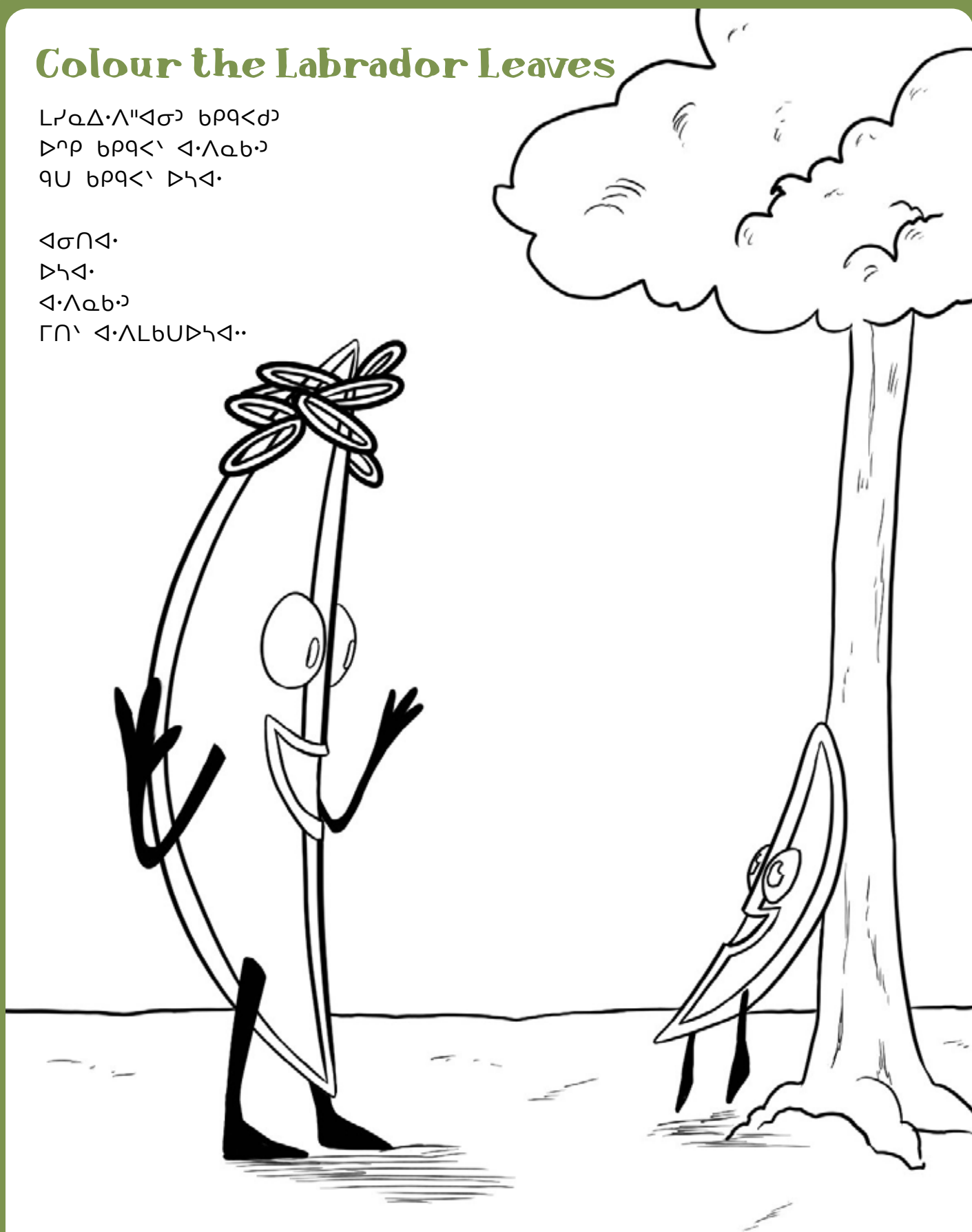
Δℳכֵּל



## Colour the Labrador Leaves

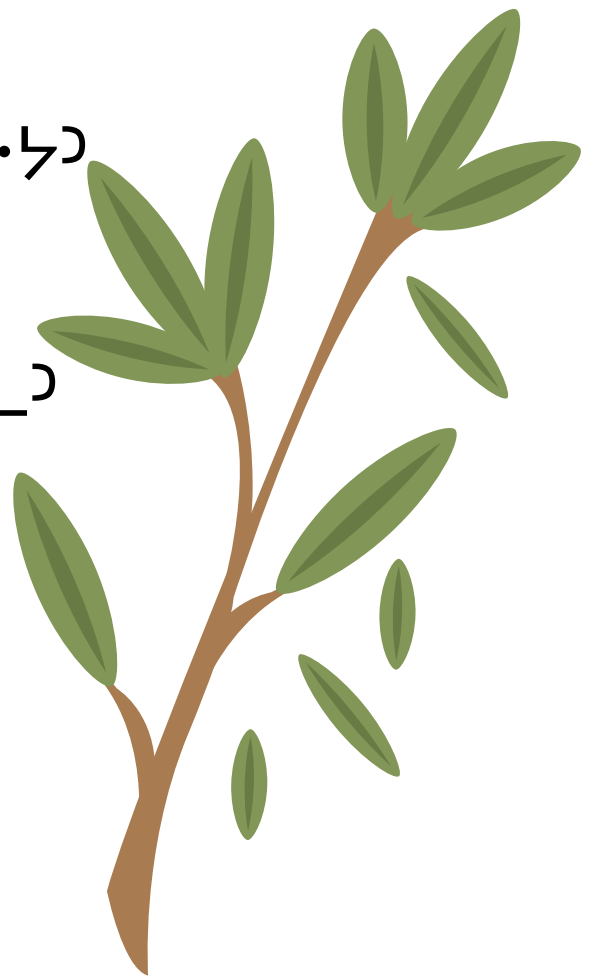
ԼՐԱԴՆԻՎՈՅ ԵՐԳԸԾ  
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ՎՍՈՎ՝  
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ՎՆԱԵԵ՝  
ԴՈ՛՝ ՎՆԱԵՍԾԿՎ՝



ბპგ< \ σბ⌋Δ.ჟ

## Repeat





ΔαδΛ"Δ⋮ L⋮Δ Δρ⋮Δ⋮

 $\Delta\sigma \ll \Delta$ 

Translation for words on left hand side (top to bottom): Labrador leaves (bɔqɔɔ), 15 min. (σɛɔɣ>ɒ<"Δbσ"), labrador leaf (bɔqɔɔ'), green (ΔσΛΔ.), medicine (L°ɔɔ), old labrador leaf (qU bɔqɔɔ'), yellow (ɔɣΔ.), new labrador leaf (ɔ°ɔ bɔqɔɔ'), white (Δ.<), drink it (ɣσb.ɔ), boil (ɔɣɣ)

# Labrador Tea Word Search

Q Q C < . < C σ ρ Δ ρ Δ . Q .

< . b Λ " < σ ρ C ^

Find and circle the labrador words

< .	h	▷	d	h	b	ρ	q	<	`
q	U	b	ρ	q	<	`	σ	h	-
h	h	▷ .	h	h	Γ	σ	b .	C	ρ
b	h	<	Λ	h	ρ	Q	ρ	h	ρ
ρ	σ	h	σ	h	<	"Δ	b	σ	^
q	>	h	L	^	ρ	ρ	≅	h	σ
<	h	▷	ρ	h	ρ	h	h	C	Λ
d	< .	`	<	q	ρ	b	ρ	^	▷
ρ	<	h	Q	.	<	σ	Λ	<	.
Δ	h	h	Γ	σ	b .	C	ρ	Q	h

b ρ q < ρ Δ σ Λ < . < . < ▷ h < .

q U b ρ q < . ▷ ^ ρ b ρ q < . ▷ h h L ^ ρ ρ

Γ σ b . C σ Λ < Λ h ρ Q σ h σ h < " Δ b σ ^



# Labrador Leaves

Colour the Labrador Leaves

# More Labrador Tea Resources...



## Labrador Tea Cultural Teachings Book Series

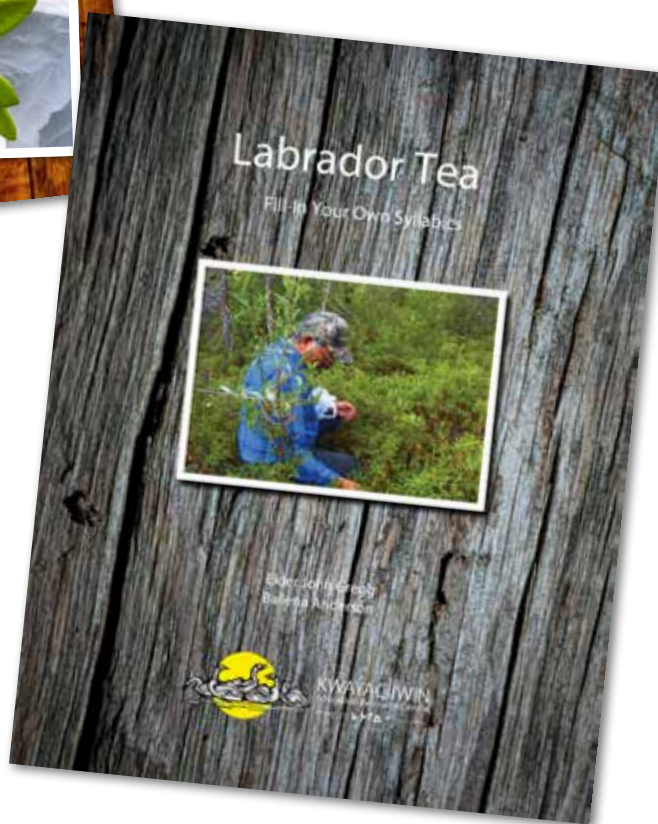
English: KWC-12-E  
ISBN: 978-1-897579-47-3

Oji-Cree Syllabics: KWC-12-S  
ISBN: 978-1-897579-47-3

## Labrador Tea Fill in your own Syllabics Book

Blank: KFS-11-B

**TO ORDER ANY OF  
OUR RESOURCES  
CONTACT  
INFO@KERC.CA**



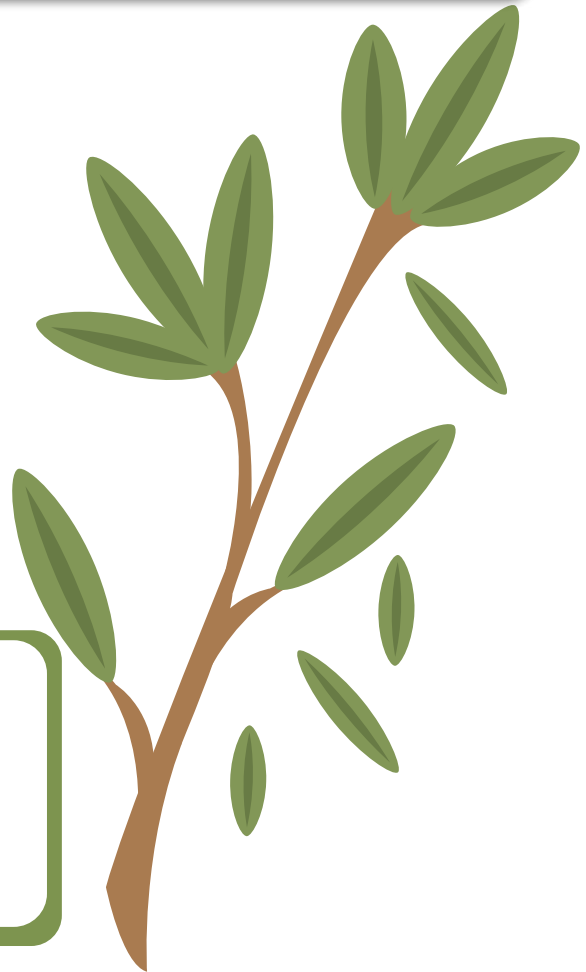


## Check out... How to Make Labrador Tea

**Instructional Video  
in OjiCree Featuring  
Ballena Anderson**

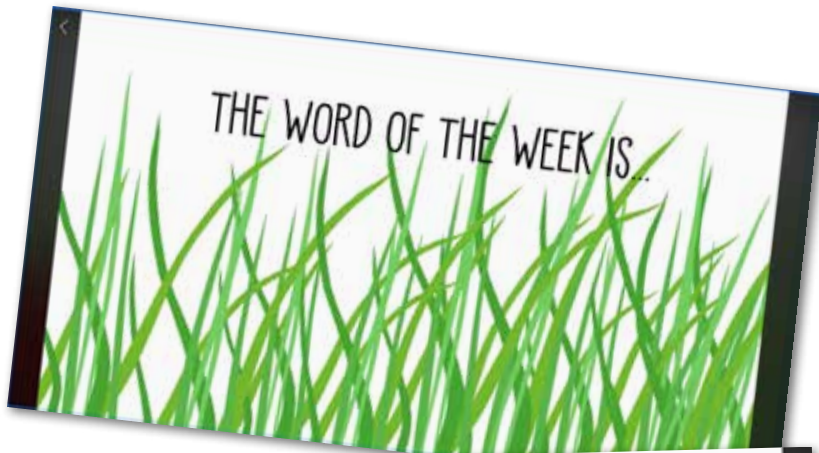
On kERC's youtube channel  
[www.youtube.com](http://www.youtube.com)

**You  
Tube**





# MORE VIDEO RESOURCES



## Word of the Week

52 'Word of the Week' videos in OjiCree and Ojibwe for use in language lessons and the classroom. Students can learn through these short animated videos featuring a word in Ojibwe or Ojicree every week.

52 videos in OjiCree and Ojibwe with accompanying word chart and lesson plans.

USB ONLY: KW-0-WOWUSB

USB & LP: KW-01-WOWUSBLP



## The Syllabics Alphabet

Students can learn in OjiCree and Ojibwe how to write and say each sound of the Ojibwe and OjiCree syllabics alphabet in these short instructional video animations.

USB: KW-01-WS-OJ

USB: KW-02-WS-OC



# S FOR IN CLASS LEARNING

## Kitch Shaanut

Students can learn Ojicree through these short videos featuring Elder Kitch Shaanut.

### Days of the Week

USB: KW-01-KSUSB

### Months of the Year

USB: KW-02-KSUSB

### Ojicree Phrases 1

USB: KW-03-KSUSB

### Ojicree Phrases 2

USB: KW-04-KSUSB

### Ojicree Phrases 3

USB: KW-05-KSUSB

### Ojicree Phrases 4

USB: KW-06-KSUSB

### Christmas Songs

USB: KW-07-KSUSB

### Winter Clothes Words

USB: KW-08-KSUSB

### Winter Clothes

USB: KW-09-KSUSB

### Winter Clothes Phrases

USB: KW-08-KSUSB

### Kitch Shaanut and Rosy

USB: KW-09-KSUSB

**TO ORDER ANY OF  
OUR RESOURCES  
CONTACT  
INFO@KERC.CA**





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[www.kwayaciiwin.com](http://www.kwayaciiwin.com)